

# DMARC E-Bulletin

For the week of June 8, 2009

Here are this week's announcements. Please help publicize these events in your congregation's bulletin, newsletter or bulletin board or pass the information to someone who can benefit from it.

## DMARC ANNOUNCEMENTS

### DMARC at the I-Cubs

All summer long at Sunday home Iowa Cubs games, fans can bring three canned food items to donate in exchange for a free general admission ticket. For \$3.00 more, tickets can be updated to Reserve Grandstand Seating. The dates of the games are May 24, June 7, June 14, June 21, July 19, August 23, August 30 and September 6.

### DMARC PREFERRED PERSONAL PRODUCTS DONATION SITES:

Needed items include: *diapers, baby wipes, baby powder, deodorant, toothbrushes, toothpaste, shampoo, bars of soap, razors and feminine hygiene products.*

**BIDWELL RIVERSIDE CENTER**, 1203 Hartford Ave., DM 50315 244-6251

Contact: Josh/Cassie

**CITY OF WEST D.M. HUMAN SERVICES**, 318 5<sup>th</sup> St., WDM 50265 222-3660

Contact: Tammy Lage

**COMMUNITY SERVICES SITE ON 6TH**, 1618 6<sup>th</sup> Ave., DM 50311 248-6241

Contact: Danita Parker

**DOWNTOWN FOOD PANTRY SITE**, 701 Grand Ave., DM 50309 243-1381

Contact: Phil Werner

**IOWA HOMELESS YOUTH CENTERS**, 1219 Buchanan St., DM 503126 265-1222

Contact: Toni Nicol

**RED ROCK COMMUNITY ACTION PROGRAM**, Neveln Resource Center, # 305, 406 SW School St., Ankeny, 50023 965-0433 Contact: Sharon Brooks

**ST. MARY FAMILY CENTER**, 1815 Hubbell Ave., D.M. 50316 262-7290

Contact: Susie Paloma

**SALVATION ARMY SOCIAL SERVICES**, 1300 6<sup>th</sup> Ave or 1216 E 25<sup>th</sup> Ct., DM 50314/ 50317- 282-3422/ 266-3156 Contact: Shireen Braman/Joanne Norelius

**YOUNG WOMEN'S RESOURCE CENTER**, 705 E. 2<sup>nd</sup> St., Des Moines, IA 244-4901 Contact: Heather Soener.

*All preferred sites report collections to DMARC which allows us to track distribution and to better serve those in need.*

## **Sack Saturday Opportunities**

Are you looking for a way to get more involved in the community? Each month the Des Moines Area Religious Council seeks volunteers to participate in Sack Saturdays. Participants are asked to commit two hours to greeting shoppers at local grocery stores and encouraging either their purchase of sacks of food items costing \$5.00, individual items of food (such as peanut butter, cereal, pasta, soups) or cash. The food items collected are used to supply local food pantries in the Des Moines area. Money collected is used to purchase additional food items. This is an ideal opportunity for church, business or civic groups to work together to help meet a need in our community.

*To sign up for a Sack Saturday, contact Cindy Morton at 277-6969 or 238-4593.*

## **DMARC Emergency Food Pantry Needs Paper Grocery Bags**

DMARC's nine food pantries are in need of paper grocery bags in good condition. The pantries re-use paper sacks for packing food items to be given out to those in need. Large quantities of these paper sacks are consumed in the process, and the need is ongoing. Purchasing paper grocery sacks is not possible due to cost, and therefore, recycling paper sacks for this purpose is our only option. If you have extra paper sacks, you can drop them off at DMARC or any of our nine pantry locations.

# **UPCOMING EVENTS**

*Next deadline June 19*

## **JUNE**

### **Wednesday, June 10**

#### **4<sup>th</sup> ANNUAL CFUM SCORE FOR KIDS GOLF TOURNAMENT**

Copper Creek Golf Course is hosting this tournament with all proceeds going to The Haven After-School Program. The tournament will be four person best shot with a shotgun start. The cost is \$85 per golfer. Registration begins at 7:00 a.m. with golf beginning at 8:00. Lunch will be served at 12:30.

*With questions, contact Vivian Bryson at [Vivian@cfum.org](mailto:Vivian@cfum.org).*

### **June 12 – 14**

#### **ABBEY RETREAT: SACRED READING TO SACRED WRITING**

The Abbey Guest Center at Conception Abbey announces a summer retreat running from Friday supper through Sunday Lunch. This weekend retreat led by Fr. Patrick Caveglia and Oblate Ann Cole is a great way to get your summer off to a good start. Join the monastic community for Eucharist and Liturgy of the Hours. There will also be ample time for quiet lectio and writing. The suggested donation is \$125 for single and \$200 double accommodations.

*For reservations, call the Abbey Guest Center at 660-944-2809.*

## **Sunday, June 14**

### **FOUNDERS' DAY PICNIC**

Holy Trinity Catholic Church is holding their 3rd Annual Founders' Day Picnic running from 11:30 a.m. to 2:30 p.m. There will be live music by the Soul Searchers, Tom Lewandowski and The Blue Grass Pals. BBQ pork sandwiches, hot dogs, beans, coleslaw, chips, assorted beverages and ice cream sandwiches will be available for a free will offering. All proceeds benefit the Holy Trinity Playground Fund.

## **Tuesday, June 16**

### **FREE SEMINAR FOR OLDER IOWANS AND CAREGIVERS**

This seminar deals with question of life planning and consumer issues; living wills and health care power of attorney; guardianships; conservatorships; Medicaid eligibility; predatory practices; and more. The seminar is sponsored by the Iowa Department of Elder Affairs and Iowa Legal Aid Legal Hotline. The Des Moines area seminar is located at Ola Babcock Miller Building on E 12<sup>th</sup> & Grand in Room 308 and runs from noon – 4:00.

*To register call 1-800-992-8161.*

## **Thursday, June 18**

### **100<sup>TH</sup> YEAR OF FATHER'S DAY**

Lutheran Church of Hope is hosting a grand breakfast open to all business, community and faith leaders featuring guest speaker former Governor Terry E. Branstad. The breakfast runs from 7:00 to 8:30 a.m. Tickets cost \$10 for adults and \$5 for youths 18 and under.

*RSVP to Morgan Streeter at 558-0762 or [morgan.streeter@dmymca.org](mailto:morgan.streeter@dmymca.org).*

## **Friday, June 19**

### **IHN GARDEN PARTY FUNDRAISER**

Des Moines Area Interfaith Hospitality Network (IHN) will present a Garden Party at the home of Bob and Becky Shaw of Clive. The evening will include a silent auction, appetizers, samplings of wine and beverages, music by Decoy and wonderful gardens. IHN helps homeless families achieve and sustain their independence through compassionate care, shelter, meals and case management. Tickets are \$25.00 per person.

*For more information, contact Lynda Albaugh, 274-1534 or [lalbaugh@westpres.org](mailto:lalbaugh@westpres.org).*

## **Friday, June 19**

### **BARN BASH**

Don't miss this exciting Barn Bash to benefit Boys and Girls Club of Central Iowa featuring music by singer/songwriter Danny Grause and food by Becky Smith catering. The bash will be at Stonehaven Party Barn in DeSoto from 6:00 to 10:00 p.m.

*Call 262-5695 or visit [www.bgcci.org](http://www.bgcci.org) to register.*

## **Monday, June 22**

### **WORLD RENOWNED MORMON TABERNACLE CHOIR**

The Mormon Tabernacle Choir composed of 360 vocalists and accompanied by the Orchestra at Temple Square will perform at Wells Fargo Arena, 7:30 p.m. The Choir will perform American folk songs, spirituals, hymns and choral masterworks. Tickets are available at all Dahl's Foods locations, online at [www.dahlstickets.com](http://www.dahlstickets.com). Choir Directors with groups of 20 or more get a discount and can attend a rehearsal. Call 564-8146 to make arrangements.

## **Monday, June 22**

### **WORKSHOP: SUCCESSFUL LIVING WITH CHRONIC CONDITIONS**

Iowa Healthy Links is sponsoring this six week workshop to show you how to feel better managing your conditions. The workshop is for people affected by long-term health issues like Arthritis, Heart Disease or Stroke, Asthma or Lung Disease, Diabetes, Parkinson's and Osteoporosis.

*To register call Polk County Health Department at 286-3767.*

## **JULY**

### **Wednesdays in July**

#### **"GREEN" SUMMER FUN NIGHTS**

Capitol Hill Christian Church is sponsoring nights of crafts, service projects, snacks and storytelling at Fairmont Park. There will also be some adult discussion around the circle during some of the children's activities. Everyone is welcome.

### **Wednesday, July 15**

#### **BACK-TO-SCHOOL HEALTH FAIR**

The 9<sup>th</sup> Annual Back-to-School Health Fair sponsored by Children and Family Urban Ministries in conjunction with Moulton Extended Learning Center's "Back to School Open House" benefited over 500 students and families last year with free school physicals, school supplies and community resources. Volunteers are needed for the planning team, donating school supplies, purchasing gift cards for door prizes and help with the cost of string bags for every student to ensure that this year is even better.

*To volunteer, contact Kristin Maahs at [krismaahs@msn.com](mailto:krismaahs@msn.com) or 238-8978.*

### **Wednesday, July 22**

#### **I-CUBS SILENT AUCTION**

The Iowa Homeless Youth Centers and the Des Moines Area Religious Council's Compassion in Action Program will host their annual silent auction at the I-Cubs game. The auction is a fundraiser for our programs and proceeds will go toward helping youth and families in need. Items to be auctioned off include sports memorabilia and fun packages.

*With questions, please contact the DMARC office at 277-6969.*

## AUGUST

### August 3-7

#### **CHILDREN'S FINE ARTS CAMP**

Discover God's Story through the Arts! The Children's Fine Arts Camp will be held August 3-7, from 9:30 a.m. to noon. Children will be treated to learning about a variety of musical instruments and prepare for a finale musical, *David and Goliath*. The musical will be held on Sunday, August 8 at the 8:30 worship service. The camp is open to the public; there is a small registration fee. The camp is for students who are K-6<sup>th</sup> grade.

Contact Mark Babcock at [mark@stmarkwdm.org](mailto:mark@stmarkwdm.org) for more information.

### August 6-7

CROSS Ministries is planning for the 17<sup>th</sup> Annual Back-to-School Giveaway to be held on August 6 and 7 at Cottage Grove Ave. Presbyterian Church. Last year they were able to assist more than 800 children from low and no-income families with the supplies they needed to begin school. With the challenges of the current economy, the demand could be even greater this year. They would appreciate any help you might be able to give. Because of the need to package the supplies for various grade levels prior to the giveaway, they are asking for the donations to be made by Friday, July 31.

## **LOOKING AHEAD**

### **SUNDAYS THIS COMING FALL AT 4:00 P.M.**

**Sunday, Sept 20** – the Iowa State Wind Ensemble will be featured with Dr. Tin-shi Tam, organist. The program will include Widor's *Salvum fac populum tuum* and Ron Nelson's *Pebble Beach Sojourn* for organ and wind ensemble.

**Sunday, October 18** - Organist Timothy Albercht will present a recital. Professor Albercht is the University organist and Chair of the graduate organ degree program at Emory University.

**Sunday, November 15** will feature Mahlon Darlington, violin, Jonathan Sturm, violin/viola, George Work, cello, and Tin-shi Tam, organ. This program will include Dupre's *Quartet, Op. 52*, and Sammartini's, *Concerto No. 1 in A Major*.

## **ANNOUNCEMENTS**

### **Drake Farmers' Market**

The market is open Wednesday from 4:00 -7:00 p.m. beginning June 3 and running through September 24 in the First Christian Church parking lot. You can find Iowa grown produce, baked goods, flowers and plants, snacks, meals, sandwiches and crafts. On opening day, the Rev. Tim Diebel will offer a blessing of the market. The Des Moines Menace are guests; Anderson Erickson will offer free treats. Music will be provided by Arnie Williams. Also Jerry and the Moonlighters will play live at 5:00 -6:30 p.m.

## **Calling All Gardeners**

The Urbandale Food Pantry is asking for your help in providing fresh, nutritious produce to our clients this summer. As you plant your garden this spring, please consider planting a little extra and donating your surplus fruits and veggies to the Urbandale food pantry. Donations will be accepted during the URBANDALE pantry's normal operating hours of 10:00 a.m. – 2:00 p.m. on Mondays, Wednesdays and Thursdays. If you are unable to deliver it during these hours, please call 251-6688

*URBANDALE FOOD PANTRY LOCATED AT 7611 Douglas Ave., Suite 31*

## **Partnering in Communities**

This project is designed for community leaders who have a stake in quality of life for families. The project will result in a collaborative action plan for providing knowledge and skills to families in key areas that affect their children's learning. Participants will communicate and demonstrate a personal sense of influence to support parents in their role of helping their children learn. Participants will help develop a community environment that supports parents in their role of helping their children learn. Sponsored by the US Dept of Education through Iowa State University Extension.

*Contacts: Jane Neff [jeneff133@mac.com](mailto:jeneff133@mac.com)*

*Kim Greder [kgreder@iastate.edu](mailto:kgreder@iastate.edu)*

## **Free Health Clinic**

First Christian Church and the Boys and Girls Club are offering a free health clinic funded by a grant from Blank Children's Hospital. The clinic runs through **June** and is open to area residents up to age 21. A Licensed Family Nurse-Practitioner will staff the clinic and perform examinations, school/sports physicals and basic sick care along with some vaccinations and writing necessary prescriptions.

First Christian Church, 2500 University Ave.

*Open Thursdays from 4:00 – 7:00 p.m. on Mezzanine of the church.*

## **Debtors Anonymous Meeting**

This is self-help consumer provided program for people with debt or financial problems. The moderator is an individual with experience in the area of Debtors Anonymous meeting facilitation. Meetings are sponsored by Central Iowa Center for Independent Living and are held on the second Tuesday of each month from 2:00 – 3:00 p.m. at 655 Walnut St., Ste. 141 in Des Moines.

## **Making Home Affordable Program**

Designed to assist American families to refinance or modify their loans to a monthly mortgage payment that is more affordable, this program is free through HUD. Don't be taken in on a scam. You do not have to pay to be assisted through HUD. If you're trying to modify or refinance your loans to a monthly mortgage payment that is more affordable, visit the Making Home Affordable website at **makinghomeaffordable.gov**.

You can also call the Homeowner's HOPE hotline at 1-888-995-HOPE for free foreclosure counseling assistance.

## **Spring 2009 Parent Enrichment Classes**

The Child Abuse Prevention Council is sponsoring various classes including parenting children 0-5 years, parenting school age children, parenting children with difficult behavior; strengthening families, real life parenting skills, and helping children succeed in school. Classes are free and some provide child care and a meal.

*For more information or to register call 725-2682.*

## **VOLUNTEER OPPORTUNITIES**

### **Scottish Rite Parks Health Care Center**

Help is needed June 14 setting up and tearing down for a Junction Jazz Society concert outdoors. Scottish Rite also is searching for individuals who could share their time and talent with residents. Friday and Saturday activity programs are needed including a book club. Occasional evening entertainment opportunities are also available.

*If interested email John Heldreth, Activities Director [jheldreth@scottishritepark.com](mailto:jheldreth@scottishritepark.com) or call 274-4614.*

### **Des Moines Parks and Recreation**

**DATA BASE ENTRY** – Assist with data base entry to better match volunteers with open opportunities that can utilize their skills. Hours & Location flexible.

**Save the lilacs** – Time has taken its toll on this historical area. Volunteers needed to save and restore lilacs. Work together to remove old blooms and mulch lilacs. Schedules flexible.

**Help Gray's Lake Go Green** – Restore the lakeshore, river edge and view to downtown by helping remove invasive trees that are blocking the landscape. Weed, remove old growth and help plant for the future.

**Cemetery Stewards – Glendale, Oak Grove, Sims, Laurel Hill, Woodland, St.**

**Ambrose.** Pick up litter, trim around monuments, cut back dead flowers, monitor for holes, sunken stones and vandalism. Monthly or weekly basis. Blocks range from ¼ acre to an acre. Schedule a regular time that works best for you.

*Des Moines Parks & Recreation Volunteer Coordinator  
2501 Maury, Des Moines, IA 515 248-6380*

### **Back-to-school Health Fair**

On Wednesday, July 15 from 3:00-7:00 p.m. the Children and Family Urban Ministries Back to School Health Fair will team up with the Moulton Extended Learning center to help students get ready for school.

Volunteers needed: June 29- July 14 to sort school supplies

July 15 9a.m. – 3:00 p.m. to set up

July 15, 3:00-7:00 p.m. to work during fair

July 15, 7:00 – 9:00 p.m. take down and clean up after

*Open invitation to volunteer for CFUM programs, donate, in-kind donations*

*Vivian Bryson at [Vivian@cfum.org](mailto:Vivian@cfum.org) or 282-3242*

## **Hospice Volunteers Needed**

“Nobody can do everything, but everyone can do something.” Hospice volunteers needed to share conversation, hold a hand, bake a cake, and give a hug. For those not previously trained, training is available, Thursdays June 11<sup>th</sup>, June 18<sup>th</sup>, and June 25<sup>th</sup>, 2009, 6:00 – 9:00 p.m.

*At WESLEY ACRES, 3520 Grand Ave., Des Moines  
Call Alyssa Englund, Volunteer Coordinator for application  
515/271-6775 or [aenglund@wesleyservices.org](mailto:aenglund@wesleyservices.org)*

## **Summer Camp Counselors Needed**

Counselors are needed for Muscular Dystrophy Association (MDA) summer camp. Compassionate volunteers needed, especially male volunteers, 16 or older that can work one-on-one and provide the attention that these youngsters require.

In Iowa the MDA Camp is held at beautiful Camp Courageous in Monticello, where more than 60 youngsters will take part in what many call, “The Best Week of the Year” from **June 21-26**.

*Call MDA Regional Director John Claes (453-9496)*